

GUIDELINES FOR AUTHORS

Focus and Scope. *Misostenido, revista de Música, Educación y Terapia* (Misostenido, Music, Education and Therapy Journal) is an international scientific journal that publishes original research papers and academic works in the area of music therapy and related fields (music and health, therapeutic music education, arts and well-being, and music humanities). Its goal is to disseminate rigorous knowledge that contributes to the development of music therapy in Spanish-speaking contexts and to engage in dialogue with the international community. Please refer to the [About the Journal](#) section to find out more about its specific focus and history, as well as the various policies that govern its operation.

Types of Articles Accepted. Misostenido accepts the following types:

1. Quantitative research articles
2. Qualitative research articles
3. Mixed-methods studies
4. Systematic review articles
5. Insights into clinical practice/clinical reports
6. Book reviews

The editorial team will ultimately decide on the suitability of the type. If the manuscript is an expanded or revised version of a previous thesis or dissertation, this must be stated in the article itself and included in the reference list. Manuscripts that substantially duplicate work already published or under review by another journal will not be accepted.

Authors may submit updated papers adapted from unpublished scientific conference presentations or those available only in conference proceedings, provided that the content has been substantially

revised and expanded, the source is explicitly stated in the manuscript, and Misostenido's editorial review board is informed of this at the time of submission.

Language. Manuscripts are accepted in Spanish and English. Direct quotations in other languages must be translated into Spanish or English, as appropriate, or accompanied by a translation. Translations from Spanish into English or vice versa will be carried out entirely by the editorial team, using the original version as a reference.

Authorship. The journal requires that every person listed as an author has made a substantial contribution to the manuscript. In accordance with the ICMJE (International Committee of Medical Journal Editors. Recommendations for the Conduct, Reporting, Editing, and Publication of Scholarly Work in Medical Journals), it is recommended that these criteria be applied. An author is any person who meets the following four criteria:

- Has made substantial contributions to the study conception or design, or to data collection, analysis or interpretation.
- Has contributed to the drafting of the manuscript or to the critical review of its intellectual content.
- Has approved the final version to be sent for publication.
- Agrees to take responsibility for the work as a whole, ensuring that any doubts as to the accuracy or completeness of any part are properly investigated and resolved.

Any changes to the authorship list following the initial submission (additions, removals or changes to the order) must be substantiated and approved in writing by all authors before the article undergoes the editorial process.

Order of Authorship. In the Statement of Originality and in the submission metadata, authors must be listed in strict order of importance according to their specific contribution to the work.

Open Access and Publication Costs. Misostenido is an open-access journal that does not charge fees to authors (Diamond model). This means accepted articles will be available free of charge online as soon as they are published, helping to increase their visibility, readership and impact, with no Article Processing Charges (APCs) applied. The journal is published under a [Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International \(CC BY-NC-ND 4.0\)](https://creativecommons.org/licenses/by-nc-nd/4.0/) licence. Readers may use, copy, distribute, transmit and publicly display the full text of all articles, provided that they cite the author and original source of the publication (journal, publishing entity and URL of the work), do not use the articles for commercial purposes, and state the existence and terms of this licence for use.

Dissemination. Misostenido allows and advises authors to disseminate accepted papers in open-access institutional or subject-specific repositories, provided that the full citation and link to the original publication are included.

Authors are allowed and advised to disseminate their work on the internet (for example on institutional/personal websites, academic profiles) following publication, as this can foster productive interactions and increase the visibility and speed of dissemination of the work.

To boost the dissemination of articles accepted for publication, authors will be asked to provide material to be used in the journal's own communication activities: at least two key phrases summarising the article, each up to 100 characters, and a summary of around 90 words, both for use on social media. Authors may also submit an infographic summarising the key points of the article, or an MP4 video lasting approximately one minute, in landscape format, summarising the main ideas discussed in the article.

Ethics. The journal adheres to the guidelines of the International Committee of Medical Journal Editors (ICMJE) and the Committee

on Publication Ethics (COPE) in all matters relating to authorship, plagiarism, duplication, data handling, informed consent, conflicts of interest, and corrections/retractions.

For studies involving human subjects (patients, students, professionals or other populations), the manuscript must include a subsection entitled “Ethical Considerations” under the “Methods” section, which specifies:

- that approval has been obtained from the relevant ethics committee or institutional committee, or
- if no such committee exists in the context of the study, that the applicable national or institutional guidelines have been followed, and the lack of such a committee is substantiated.
- that informed consent/assent has been obtained, where applicable.
- that the principles of the Declaration of Helsinki have been followed.

Inclusive Language. Misostenido requests that authors use respectful and up-to-date terminology, and avoid deficit-based approaches. Where relevant, the manuscript may explain why person-centred language (‘person with...’) or identity-centred language (‘autistic’, ‘deaf’, etc.) has been chosen, in a similar way to how the stance is explained in qualitative research.

Misostenido also has a [Gender Policy](#) published on its website, in which authors will find guidelines for writing their articles, bearing in mind the fundamental right to gender equality and non-discriminatory treatment.

Use of Artificial Intelligence. For the purposes of transparency, scientific quality and the explicit acknowledgement of all AI tools used in the research process and reporting of results in published articles, Misostenido adheres to the principles [Association of College and](#)

[Research Libraries \(ACRL\)](#) of the [Artificial Intelligence Disclosure \(AID\) Framework](#), which offers a structured statement of how AI has been used in the process of producing the work.

The AI Policy, which is available on the journal's website, applies to everyone involved in the publication of research articles, case studies, reviews, academic contributions and book reviews. This includes authors, reviewers and editors of the journal; please see this policy on the website. Any author who uses AI tools to produce their article must include an 'AI Use Statement' in the article section specified in these Guidelines for Authors, under 'Article Structure'.

Sources of Funding. Misostenido requests that authors explicitly acknowledge any funding that may have been received for the research work submitted. To this end, the manuscript must include a specific funding statement, setting out:

- the full name of the public body/organisation,
- or the full name of the private organisation (institution, foundation, company, competition body, etc.)
- from which the funding is sourced and, where applicable, the identification code of the scheme or grant awarded.

This information will be included in the relevant section of the public version of the article, and in the journal metadata, in order to ensure transparency and traceability regarding any support received for research in music therapy and related disciplines.

APA Style (Latest Edition). The reference list, in-text citations, tables, figures and numbering must follow the format of the [latest edition of the APA style guide](#).

Use of Third-Party Material. It is the authors' responsibility to obtain the required permission to reproduce tables, figures or musical scores that are subject to copyright.

Editorial Process. All manuscripts will be initially assessed by the editorial team to ensure they are suitable for the journal. During this stage, the manuscript will undergo an originality check and similarity detection (plagiarism check). If a similarity rate of over 20% is detected, the work will be thoroughly assessed, and the sources of the matching text will be carefully examined. Following this review process, the editors will send a report to the corresponding author, stating either that the article has been ultimately rejected due to confirmed plagiarism or self-plagiarism, or that the author has the chance to redraft the manuscript, ensuring that sources are properly cited and that problematic content is corrected before the deadline set by the journal. Where there is clear evidence of an intention to deceive (extensive plagiarism, deliberate manipulation of citations, etc.), the article will be rejected and the matter may be brought to the attention of the authors' affiliated institutions.

Articles that do not meet the formal criteria and/or the journal's editorial policy will be rejected. The turnaround time for this first stage is around 30 days.

If the paper passes this review, it is sent for external double-blind peer review (by at least two independent reviewers) in the second stage. Misostenido has a team of associate editors specialising in different fields of music therapy, who oversee this work. The reviewers use a form to assess each text ([see assessment form](#)). If the two reviewers are unable to reach a unanimous decision, the manuscript will be sent for a third review.

In light of the review reports, the text may be accepted, recommended for amendment or rejected. If the paper needs to be revised, the authors will receive feedback from the reviewers. If necessary, a further round of peer review may be initiated. Authors will have up to one month to submit the suggested amendments. Submitting a revised version does not guarantee that it will ultimately be published.

The amendments must be accompanied by a detailed report setting out the changes made, explicitly addressing each comment included in the text review. In addition, all changes made must be clearly marked in red.

Once the article has been accepted, the text will be edited to ensure it adheres to the journal's format. The department responsible for this will contact the authors and, where appropriate, ask them to revise any formatting issues. At this stage, the content cannot be substantially altered. Also at this stage, authors will be asked to provide material to be used in the journal's communication activities.

I. GENERAL SUBMISSION REQUIREMENTS

I.1. Article

Manuscripts must be submitted exclusively via the Misostenido publishing management platform, OJS, in accordance with the guidelines for authors in effect at the time of submission: <https://www.revistamisostenido.com/index.php/misostenido/about/submissions>

The article should be uploaded to the platform as a Word file, titled in the following format: article_[title]. Example:

article_The influence of music therapy on improving teamwork skills

Please ensure that the attached version of your article does not contain the name(s) of the author(s) or any reference to their credentials. You should also check the file identification tags created by default for Word documents in the document properties.

When submitting the manuscript, care must be taken to enter the metadata correctly on the platform. This includes information about the article (title, keywords, abstract, references and funding sources, if any) and the authors' details (first name and surname in order of authorship, institutional affiliation, institutional email address and ORCID identifier).

Authorship and CRediT details will be entered into the OJS platform, and included in the Statement of Originality and Granting of First Publication Rights.

Once the article file has been successfully uploaded, the OJS management platform will provide you with an ID (a unique identifier for your submission on the platform).

1.2. Statement of Originality and Granting of First Publication Rights

The template for the Statement of Originality can be downloaded via this [link](#).

Authors must complete, sign and save this document as a file titled in the following format: originality_[OJS ID]_[surname of the submitting author]. Example:

originality_003_pérez

The Statement of Originality and Granting of First Publication Rights must be submitted via the journal's OJS management platform as an 'additional file (other)'.

1.3. Additional Information

In addition to the anonymised article and Statement of Originality, a Word document must be attached as an additional file (other), containing the short CVs of all authors (approximately 120–130 words) in the same order of authorship, including their name, institutional email address, ORCID, research areas or projects in which they have taken part and, finally, the specific contribution of each author according to the CRediT taxonomy.

Authors must submit this additional information as a file titled in the following format: additionalinformation_[OJS ID]_[surname of the submitting author]. Example:

additionalinformation_003_pérez

2. FORMAT

Length: between 4,500 and 6,500 words (excluding tables, figures, footnotes, appendices and references).

Typography: Times New Roman 12 pt.

Line spacing: single; there will be no blank lines between paragraphs. The symbol ¶ indicates a space.

Margins: 2 cm; justified alignment.

Indentation: the text will not be indented.

Heading levels:

Level 1 headings (numbered 1, 2, 3, etc. Heading 3 style)

Level 2 headings (numbered 1.1, 1.2, 1.3, etc. Heading 4 style)

Level 3 headings (numbered 1.3.1, 1.3.2, etc. Heading 5 style)

Main body of the text: Standard style (Times New Roman 12 pt, single line spacing with 6 pt space after, justified text).

Lists: first level of detail with a bullet point ● and second level with a dash.

Notes: They must be numbered consecutively, indicated by superscripts, and included at the end of the text under the heading 'Notes'.

[See template for articles](#)

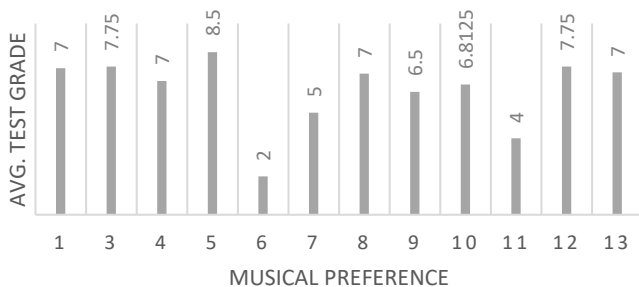
3. ARTICLE STRUCTURE

1. **Title in Spanish and English.** The title should be informative and concise, with limited use of abbreviations, and should not be more than 30 words.
2. **Structured abstract (Spanish),** 200–250 words: Introduction, Methods, Results, Conclusions.

3. **Keywords.** Include 5 keywords in Spanish or English, as appropriate. It is recommended to use recognised terms in music therapy, music education, rehabilitation and mental health, as well as DeCS/MeSH terms. They must be separated by a semicolon and end with a full stop.
4. **Structured abstract (English).** Structured in the same way as in Spanish.
5. **Keywords.** As above, translated into English.
6. **Main body.** Includes the sections: introduction, methods, results, discussion and conclusions. Subheadings should be brief and hierarchical. **Length.** A standard article is between 4,500 and 6500 words (excluding tables, figures, footnotes, appendices and references). Texts that exceed this limit will be critically assessed to determine whether the length is necessary.
7. **Figures.** Figures should be placed appropriately within the article, preferably in an editable format, with their corresponding titles and captions. They must be numbered consecutively in accordance with APA style. If other file formats (such as JPG, TIFF, etc.) need to be used, they must have enough resolution (minimum 300 DPI). Example:

FIGURE 1.

Figure title. Name: Charts, Images and Figures.



Note: The figure shows... Adapted from

8. **Tables.** Tables must be submitted in an editable format and must be readable independently of the text. Example:

TABLE 1.

Table title. Tables must be no more than 11.5 cm wide.

		Correlations							
		A.	G.	M.E.	F.	P.	M.G.M.	M.B.M.	V.M.
A.	Pearson's r	I	.080	.189**	.196**	.062	.084	.124	.099
	p		.278	.010	.007	.402	.255	.093	.180
G.	Pearson's r		I	.176*	-.315**	.003	-.040	.029	-.233**
	p			.016	.000	.971	.591	.694	.001
M.E.	Pearson's r			I	-.109	.173*	.134	.045	-.008
	p				.138	.019	.069	.545	.917
F.	Pearson's r				I	.211*	.141	.133	.616**
	p					.004	.056	.071	.000
P.	Pearson's r					I	.590**	.449**	.164*
	p						.000	.000	.026
M.G.M.	Pearson's r						I	.294**	.100
	p							.000	.176
M.B.M.	Pearson's r							I	.029
	p								.691
V.M.	Pearson's r								I
	p								

Note: A.= age, G.= gender, M.E.= music education, F.= musical style frequency, P.= musical preference, M.G.M.= musical style they listen to when they are in a good mood, M.B.M.= musical style they listen to when they are in a bad mood, V.M.= value they place on music. **. $p < 0.01$; *. $p < 0.05$.

9. **Appendices (if any).** Documents not included in the main text due to their length, but which are important for understanding it, will be included separately.

10. **Notes (if any).** They must be numbered consecutively, indicated by superscripts, and included at the end of the text under the heading ‘Notes’.
11. **Availability of Data, Materials and Code.** It is recommended that supplementary material, particularly the data used to produce the research results, be deposited in open-access repositories federated within the European Open Science Cloud (EOSC), and that such data be cited in publications using their DOI or Handle.
12. **AI Use Statement.** Authors must transparently and explicitly disclose the use of generative AI tools (e.g. ChatGPT, Claude, Gemini, Copilot, NotebookLM or others) at any stage of the manuscript drafting process. The use of generative AI does not absolve authors of responsibility for the content produced. The statement must include:
 - Name and version of the tool.
 - What it was used for (e.g. language support, thesaurus, generating a working title, formulating objectives based on an outline).
 - Why it was used.
 - AI tools cannot be listed as authors of the article.

We recommend using the open-access tool AI Usage Declarator, which helps authors generate a comprehensive .txt statement and a unique verification code regarding the use of AI in their articles. This document can be published on OJS alongside the article, and the code can be included in this section.

11. **Funding.** If the results of the work stem from funded projects, the funding agency or agencies and references must be specified in the final version of the text in this section.

12. **References.** They must be listed in alphabetical order; citations must follow APA style (latest edition), except that they will have a 0.5 cm indent on the first line and single spacing without spaces thereafter. Please remember that the DOI must be included in citations where one is available. Authors are advised to reference recent literature (from the last five years), provided that the subject matter allows for this. The editorial board will assess the currency of the references cited when considering the suitability of the manuscript submitted to the journal. Examples:

Arnheim, R. (1980). *Hacia una psicología del arte. Arte y entropía*. Alianza.

García-Rodríguez, M., Fernández-Company, J. F., Alvarado, J. M., Jiménez, V. & Ivanova-Iotova, A. (2021). Pleasure in music and its relationship with social anhedonia. *Studies in Psychology*, 42(1), 158-183. <https://doi.org/10.1080/02109395.2020.1857632>

4. BOOK REVIEWS

Misostenido aims to review recent books (preferably published within the last two years) on music therapy, music and health, arts and well-being, therapeutic music education, community-based approaches, and other related topics.

Formal requirements:

- 600–800 words.
- Full details of the book (title, author/editor, publisher, place, year, number of pages, ISBN).
- A brief overview of the book's focus.
- Critical commentary (contributions and limitations).
- Name and affiliation of the reviewer.